

## Make A Start

32 Count, 4 Wall, Absolute Beginner

Choreographer: Robbie McGowan Hickie (UK) March 2013  
Choreographed to: Knock Yourself Out by Lee Roy Parnell,  
CD: We All Get Lucky Sometimes (140 bpm); I Ain't Never by  
Pam Tillis, CD: It's All Relative (138 bpm); Take These Chains  
From My Heart by Lee Roy Parnell, CD: On The Road  
(130 bpm) (iTunes)

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24 Count intro (16 Count intro) (32 Count intro)

### **Step Forward Right. Scuff. Step Forward Left. Scuff. Forward Rock. 2 x Walks Back.**

- 1 – 2 Step forward on Right. Scuff Left forward.
- 3 – 4 Step forward on Left. Scuff Right forward.
- 5 – 6 Rock forward on Right. Rock back on Left.
- 7 – 8 Walk back on Right. Walk back on Left.

### **Back Rock. Touch Out. Touch In. 4 x Hip Bumps.**

- 1 – 2 Rock back on Right. Rock forward on Left.
- 3 – 4 Touch Right toe out to Right side. Touch Right toe beside Left.
- 5 – 6 Step Right to Right side bumping hips Right. Bump hips Left.
- 7 – 8 Bump hips Right. Bump hips Left. (Weight on Left)

### **Grapevine Right. Touch. Heel. Touch. Heel. Touch.**

- 1 – 2 Step Right to Right side. Cross Left behind Right.
- 3 – 4 Step Right to Right side. Touch Left toe beside Right.
- 5 – 6 Dig Left heel **Diagonally** forward Left. Touch Left toe beside Right.
- 7 – 8 Dig Left heel **Diagonally** forward Left. Touch Left toe beside Right.

### **Grapevine 1/4 Turn Left. Scuff. Rocking Chair.**

- 1 – 2 Step Left to Left side. Cross Right behind Left.
- 3 – 4 Make 1/4 turn Left stepping forward on Left. Scuff Right forward.
- 5 – 6 Rock forward on Right. Rock back on Left.
- 7 – 8 Rock back on Right. Rock forward on Left. (**Facing 9 o'clock**)

**Note: When using the music "I Ain't Never" by Pam Tillis ... the music Fades at 2mins 02secs (Approx)  
You should End the dance at that point, although the Music will kick back in again later.**

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